

SLEEP IT OFF

SUPPLEMENT FACTS

SERVING SIZE: 1 STICK (1.8g)

SERVINGS PER CONTAINER: 30

Amount Per Serving

Total Calories	4
Calories from Fat	0
Total Fat	0
Saturated Fat	0
Trans Fat	0
Cholesterol	0
Sodium	0
Carbohydrates	1
Dietary Fiber	0
Sugar	0
Protein	0

SLEEP BLEND: Ashwagandha, L-Theanine, Capsiatra™ Chamomile Extract, Magnesium Oxide, Melatonin (3mg)

OTHER INGREDIENTS: Erythritol, Stevia, Citric Acid, Natural Flavors